

Welcome to the Ivanhoe Knights!

The information below will help you prepare for playing basketball with our Club. If you need further support, please visit our website <u>www.ivanhoeknights.org</u> or contact us at <u>ikbc@ivanhoeknights.org</u>.

GO KNIGHTS!!

About the Club

The Ivanhoe Knights are a domestic basketball Club based in Melbourne's Northeast. We are a progressive, member focused Club that prides itself in teaching our players and coaches the fundamentals of basketball.

We are a community basketball club, run by a volunteer committee. Our committee is complimented by an Operations Manager, Coaching Director, Head of Basketball and Administrator.

EDJBA Competition

The Ivanhoe Knights are part of the Eastern Districts Junior Basketball Association (EDJBA), the largest junior competition in Australia. The EDJBA plays seasons aligned with school terms; with the Summer season running from October to April (school terms 4 & 1).

For the Winter season, the EDJBA runs U09, U11, U13, U15, U17 and U21 age groups. <u>See the EDJBA age group details online</u>.

The EDJBA competition is large enough to cater for all standards and levels of experience. Teams are <u>selected by the club</u> and then graded by the association to ensure that every team gets placed at an appropriate level.

Training

Training is one hour per week and is held between 5.00pm to 9.30pm Monday to Thursday. Younger age groups train at earlier times.

We train at:

- La Trobe Sports Stadium
- Ivanhoe East Primary School
- Ivanhoe Grammar School
- Thornbury High School
- Alphington Primary School

Players are expected to be able to train at any one of these venues.

Training nights are allocated by the club in response to coaches' availability. Players' requests can be entered on the season registration form and are considered but are not guaranteed.

Games

Games consist of two 20-minute halves and are scheduled on Saturdays from 8:30 am to 9:00 pm. Generally, the younger age groups, U9–U13 usually play earlier in the day and the older age groups, U15 and up, play in the afternoons and early evening.

Factors that influence the fixturing of games include school sport, coaches who also play, and coaches who coach multiple teams. To avoid clashes, game times can often go outside of the typical range. Even if this is not applicable to your team, it could be for some of the teams that you play against.

Our games are played at our home venues of:

- La Trobe Sports Stadium
- Ivanhoe East Primary School

Away games will be played against other teams in the competition, with the furthest venues being in Research, Warrandyte and Park Orchards.

Unavailability due to other Saturday sport, such as compulsory school sport, can be submitted on the registration form. The Club will use these as a guide and will make every endeavour to facilitate these requests (please note, they are not guaranteed).



Coaches

Our coaches are mainly volunteers -

parents, current players from older teams, or past players. Many of our coaches are young people giving their time to help your children and to learn themselves, and it is important for parents to give them their total support. We encourage new parents with a knowledge of the game to volunteer as coaches. All coaches are supported by our Club staff and coaches, and are provided with resources such as online courses, manuals, Nike Coach apparel and training/game day equipment.

Uniforms and Equipment

All players must wear Ivanhoe Knights shorts and singlet during Saturday games. Uniforms are available for purchase at our <u>iAthletic online store</u>. If you are new to the Club, you will need a number allocated, please contact <u>ikbc@ivanhoeknights.org</u> to organise this before purchasing shorts and singlet.

We have a amazing range of Nike off court apparel (socks, warm up tops, hoodies, bags) available for purchase through our partnership with Nike and 6thMan Basketball, available for <u>purchase here</u>.

Players will need a basketball for training, as per size guidelines below:

Age Group	Boys	Girls
U08 to U11	Size 5	Size 5
U12 to U14	Size 6	Size 6
U15 +	Size 7	Size 6

A drink bottle is required for training and games.

Sports Insurance

All players and officials are required to pay a \$29 annual Basketball Victoria player insurance fee upon registration. Basketball Victoria's insurance provider is V-Insurance and details regarding the level of coverage can be found via the <u>V-Insurance Basketball website</u>.



Expectations

Players

Players are expected to show commitment to their team by attending training weekly and turning up reliably for games 10 minutes prior to starting time. Apart from illness, injury or an occasional special event, players are expected to be available for all games and training, and to advise their coach and team manager in advance if they cannot play or attend training for any reason.

Parents/Guardians/Carers

Throughout the season you will be rostered for scoring duty approximately two or three times. This involves scoring the game with a parent from the other team. You will be provided instructions on how to do this. Parents are expected to supervise young children when at venues.

A parent from each team is required to volunteer as a team manager. This is a straightforward role, providing organisation to the team and a communication conduit to the club. Prior experience or knowledge of basketball is not required.

Basketball Code of Conduct

Basketball is a tough game with quite a lot of legitimate physical contact and eager team spirit is encouraged. However, all actions and parties (including parents) when representing the Ivanhoe Knights Club must be within the bounds of appropriate sportsmanship.

Codes of Conduct that describe the expectations of personal behaviours for players, coaches, administrators, officials, and spectators are posted on the <u>Basketball Victoria website</u>.

Development Programs

The Ivanhoe Knights run a suite of development programs on top of, and to compliment, our players participation in the EDJBA competition.

Programs range from beginner programs to elite level, from our kindergarten aged Knights right up to our teenagers. More Information and registration is available on our <u>website</u> and <u>registration</u> <u>page</u>.



More Information and Links Ivanhoe Knights website EDJBA website Team Selection Policy Basketball Victoria V Insurance